



European
Physical Education
Observatory



Co-funded by the
Erasmus+ Programme
of the European Union

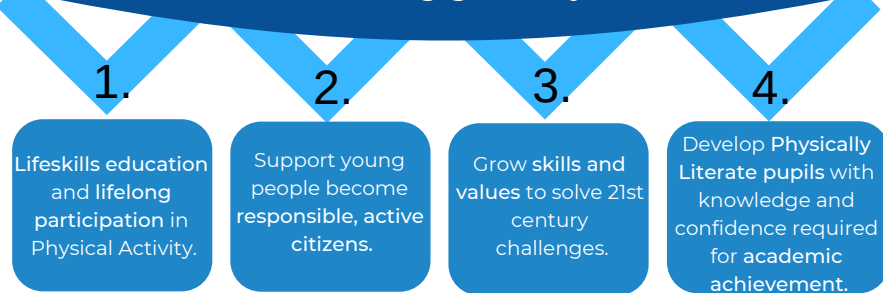
Promoting a
Quality Physical Education
throughout Europe

EuPEO, an Erasmus+ Project

Rationale, project mission and aims

The role of Physical Education (PE) has been highlighted as the only curriculum subject with a focus that combines the body and physical competence with values-based learning and communication, providing a learning gateway to grow the skills required for success in the 21st Century, as citizenship promotion, health promotion through a lifelong participation in physical activity, social inclusion through the challenging of stigma and stereotypes, and academic achievement by improving a child's attention span, enhancing their cognitive control and speeding up their cognitive processing (UNESCO, 2015).

Quality Physical Education as a learning gateway to...



Source: UNESCO (2015). Quality physical education contributes to 21st century education- infographic.

In order to harmonize the conditions of its educational offer for the promotion of an active and healthy citizenship, an evidenced-based approach is needed to design and develop a manual and a toolkit to monitor, with an extended frame of indicators, the quality assurance of PE and HEPA in curricular and in extra-curricular time at school, especially considering the need for inclusion of critical populations.

European Physical Education Observatory

The **EuPEO project** aims to convert former monitoring and evaluation experiences of PE, HEPA, public health and education sector into a comprehensive but applicable monitoring system by developing the EuPEO webpage, a manual for external monitoring (MEA) and a toolkit to prepare and provide internal self-monitoring (TIM) of quality PE and School Sport (SS). During a three years study, the partners will be involved on the construction and validation of these instruments, as well the dissemination and exploitation of results.

European policies, legislation, research and high-profile reports in the field of sport and education identified the necessity of regular monitoring of Physical Education, School Sport and Physical Education teacher education, across the 28 European Union member states.

Bridging the gaps between...



... Towards a Quality Physical Education throughout Europe



A collaborative partnership between



European Physical Education Association (EUPEA)



Faculty of Human Kinetics, University of Lisbon (FMH-UL)



Portuguese Physical Education Society (SPEF)



Willibald Gebhardt Institute (WGI)



Deutscher Sportlehrerverband (DSLTV)



Federal Institute of Sport (SFISM)



Swiss National Physical Education Association (SNPEA)



Faculty of Sport, University of Ljubljana (FoS-UL)



Faculty of Physical Culture, Univerzita Palackého v Olomouci (FPC)



Hungarian School Sport Federation (HSSF)



Syndicat National de l'Éducation Physique (SNEP)



School of Education, University College Cork (UCC)



Koninklijke Vereniging voor Lichamelijke Opvoeding (KVLO)
Participant Observer

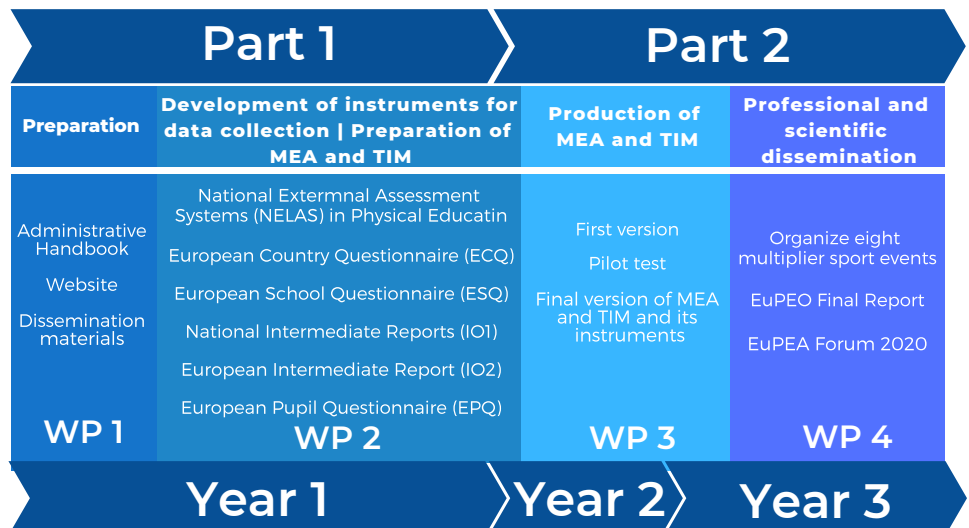


Mullier Institute (MI)
Participant Observer

EuPEO Development Process

Meetings, Intellectual Output production and dissemination, Multiplier Sport Events

EuPEO project has a work programme for a three-year (2018-2020) length. It is scheduled in **two main parts**, composed by **four work packages** (WP) with **thirty one activities**.



Source: EuPEO Project (p. 25-28) - Project design

Transnational Project Meetings

- 1st - January 2018, Lisbon (FMH-UL)
- 2nd - March 2019, Paris (SNEP)
- 3rd - September 2019, Ljubljana (UL)
- 4th - March 2020, Munster (WGI)
- 5th - July 2020, Macolin (EUPEA)

Intellectual Output

- 1st- National Intermediate Reports
- 2nd- European Intermediate Report
- 3rd - EuPEO Manual for External Assessment
- 4th- EuPEO Toolkit for Internal Monitoring
- 5th- EuPEO Final Report

Multiplier Sport Events

Between April and June 2020, each country partner will present a conference, seminar or event sharing and disseminating the intellectual outputs implemented by EuPEO.

Theme: "Quality Physical Education From Cooperation Between Researchers, Policy-Makers, Schools and Teachers."

Event to be accredited as professional training activity for PE teachers and coordinators, including researchers and policy-makers on education and sport to disseminate the EuPEO Manual and EuPEO Toolkit.



What about the EuPEO's first year project ...

First year activities description and accomplishments

Lisbon's transnational meeting allowed us to officially launch EuPEO's project and take general decisions to be included in the EuPEO Administrative Handbook, EuPEO Webpage and prepare all the activities of the 1st year project, namely those concerning EuPEO data collection instruments and intellectual outputs (IO1 and IO2).

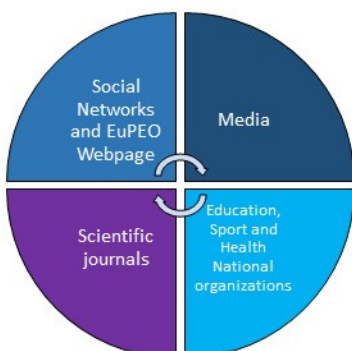


Photo: (1) Erasmus+ Sport 2017 - coordinators' meeting, Brussels; (2) EuPEO 1st meeting, Lisbon.

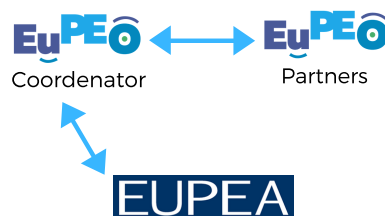
The first year project began with activities dedicated to the preparation of partners and participants to deal with the requested tasks (WP1).

- The **EuPEO Administrative Handbook** was created to guide all partners during the project, by detailing all tasks, dates, responsibilities and expected procedures.
- The **EuPEO Webpage** synthesizes the information concerning the EuPEO purposes, procedures, process and products. Moreover, this page will support the access to online questionnaires and dissemination of all the information concerning the European Physical Education Observatory.
- A **Dissemination Strategy** was defined through a collaborative work between partners, during EuPEO Project planning and describes the dissemination plan and measures aimed at sharing the outcomes of project within and outside the participating organizations, and the quality of measures to ensure visibility and media coverage of the events/activities and of the EU support.

... outside the participating organizations



... inside the participating organizations



Prospect new international partnerships to fund and widen the EuPEO experience in the future !

EuPEO Europe wide presentations

22-25 February 2018, Florence
EUPEA Board Meeting
"EuPEO Project presentation"



27-29 June 2018, Lisbon

Conseil Européen des Recherches en Éducation Physique et Sportive (CEREPS) & Faculty of Human Kinetics (FMH)
"Monitoring Quality Physical Education and Physical Activity in School Settings: Realities and Perspectives"



25-28 July 2018, Edinburgh

Association Internationale des Écoles Supérieures d'Éducation Physique (AIESEP) World Congress 2018
"EuPEO Seminar"



15-16 November, Budapest

European Physical Education Association (EUPEA) and Hungarian School Sport Federation (HSSF)
"The EuPEO project: a European Physical Education Observatory to monitor Physical Education in Europe"



Several partners have been in contact with their national authorities for education, sport health in order to present EuPEO's aims and process, and obtain their endorsement/ support.



Next Project activities...

- Application of the online EPQ, data collection, database development and analysis.
- Three-days workshop (Paris, march 22nd to 24th) to evaluate the 1st part and prepare the 2nd part of the project;
- Meeting with UNESCO on March 21st.
- Review of ECQ, ESQ, EPQ, and NELAS.
- Preparation of MEA and TIM.

Acknowledgements

EuPEO's project partners would like to acknowledge all the participants that contribute to the successful completion of this first phase.

EuPEO's participant schools, teachers, students and external collaborative organizations, namely those belonging to the education, sport and health sectors, have a fundamental role in the development of the European Physical Education Observatory (EuPEO) and the accomplishment of its mission: quality Physical Education promotion throughout Europe.

Thank you all !

The second work package (WP2), started during the first year project, is dedicated to the development of four questionnaires to collect the data on Physical Education, School Sport and other forms of Physical Activity quality indicators (pilot phase), aiming to support the preparation of the [Manual for External Assessment \(MEA\)](#) and the [Toolkit Internal Monitoring \(TIM\)](#). Three questionnaires were initially developed:

- **European Country Questionnaire (ECQ):** this questionnaire is based on the PE and SS quality indicators suggested by the reviewed documentation. It is self-administered. The target group is the representatives of the National Associations of Physical Education Professionals of each partner country.
- **European School Questionnaire (ESQ):** the online questionnaire is based on the PE and SS quality indicators suggested by the reviewed documentation. The target group is the coordinators of the Physical Education group / department from a minimum of twelve schools (each country) that included the last year of compulsory education in each country.
- **National External Learning Assessment Systems (NELAS) in PE:** allow s the identification of the focus and procedures adopted in each partner country regarding the external learning assesment in Physical Education. The target group is the representatives of the National Associations of Physical Education Professionals.

Questionnaire Themes

ECQ	ESQ	NELAS
PE National Strategy	Community Partnerships (Public and Private)	Existence and characterization of PE external assessment of learning outcomes, in the following domains: Physical domain Psychological domain Social domain Cognitive domain
Curriculum Flexibility (ISCED 0-3)	Curriculum Flexibility (last compulsory grade)	
Teacher Workforce	Facilities, Equipment and Resources	
Teacher Education (ISCED 0-3)	Teacher Workforce Teacher Education	

After the phase of data collection, treatment and analysis of ECQ, ESQ and NELAS, the [National Intermediate Reports \(IO1\)](#) and [European Intermediate Report \(IO2\)](#) were produced with preliminary data and recommendations. The main conclusions from these documents allowed the construction of the fourth survey, the European Pupils Questionnaire (EPQ).

- **European Pupil Questionnaire (EPQ):** The sample will be constituted by 50% of the students of the last educational compulsory year of each participant school, in all country partners.

EPQ
Community Partnerships (Public and Private)
Physical Education curricular development conditions (Facilities, Equipment and PE Learning conditions)
Curriculum Flexibility (PE, SS, and other forms of PA in last compulsory year)

Follow us:



www.eupeo.eu

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.