



I progetti Erasmus+ dell'Eupea

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Progetti ERASMUS+ in Educazione Fisica e Sportiva

Firenze, ItaliaEngland

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- Founded in 1991 in Brussels
- Declaration of Madrid 1991, amended in Brussels 2011
 - **“No Education without Physical Education”**
- The umbrella organization of the national Physical Education Associations in Europe
- Members in more than 30 countries in Europe
- Focus on promotion of and advocacy for Physical Education
- Cooperating with other international agents and associations like ICSSPE, FIEP, AIESEP, ENGSO, ...
- Contacts to the European Union Commission and the Council of Europe
 - Member as observer in Expert Groups of the EUC
 - Member in the Consultative Committee of EPAS (CoE)



Lobbying	Tools for teachers	Events
Active School Communities – ASC	European Physical Education Observatory – EuPEO	European School Sport Day – ESSD (I, II and III)
Active Voice – AV	Identifying and motivating youth who mostly need physical activity – IMPACT	
Physical Activity Serving Society – PASS	Basic Motor Competencies in Europe – BMC-EU	
Physical Literacy – PHYLIT	European Label for Active Schools – EU-PALS	
Shaping the principles of Physical Education – SHAPE		
Promoting Active Cities Throughout Europe – PACTE		

PASS PROJECT – Lo stato del l’inativita fisica in Europa

Questo documento è stato prodotto all’interno del progetto PASS, sostenuto dal Programma Erasmus + dell’Unione Europea. La revisione è stata condotta dal Consiglio internazionale di Scienza dello Sport e dell’Educazione Fisica (ICSSPE) – www.icsspe.org

Cinque partner europei hanno portato il loro sostegno a questo documento: TAFISA, ISCA, FESI, EUPEA e Spolint Institute.

<https://www.sportetcitoyennete.com/articles/pass-project-lo-stato-del-linativita-fisica-in-europa>

<https://sportetcitoyennete.com/pass/>



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Identifying and motivating youth who mostly need physical activity

Leading professors and researchers in Sport Psychology and Physical Education (PE) from six leading universities in sport science in Europe (Greece, Spain, England, France, Turkey, Italy), representatives from 3 European Ministries of Education (Greece, France, Turkey), and 3 European PE Associations (EUPEA, DSLV/Germany, CAPDI-LSM/Italy)

www.impactpe.eu



ERASMUS+ SPORT
IMPACT PROJECT

KICK-OFF MEETING

20-21 MARCH 2017
TRIKALA, GREECE

IMPACT PROJECT

IDENTIFYING AND
MOTIVATING YOUTH
WHO MOSTLY NEED
PHYSICAL ACTIVITY

P.E. Promotes
IMPACT
Identifying and Motivating youth who
mostly need Physical ACTIVITY

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UNIVERSITY OF
THESSALY

The poster features two photographs: the top one shows a group of children in a schoolyard participating in a physical activity, and the bottom one shows a close-up of a person's legs running on a grassy field. The background is a vibrant yellow.

Rationale (1)

- The role of Physical Education has been highlighted as an essential part of school healthy citizenship promotion within the education sector (e.g., HEPA Working Group/EC, 2015)
- There are strong evidences about what PE quality is (e.g., Unesco, 2015)
- PE and School Sport are differently organized and have different conditions of development between continents countries and regions (Hardman 2000, 2001, 2003; Puhse & Greber, 2003, Onofre & al., 2012; Unesco, 2014)
- There exists few systems to monitoring health benefits and related quality assurance of PE, SS and PA at school (Gerlius et al, 2016)



**European
Physical Education
Observatory**

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Rationale (2)

- Despite their lower number, some of the national examples of PE and SS monitoring deserve to be considered inspiring experiences
- There is no evidence about the similitude and differences between the parameters and criteria used by this national systems
- Europe deserves a systematic mechanism of PE and SS monitoring process in order to harmonize the conditions of its educational offer for the promotion of an active and healthy citizenship
- By the existing decentralization trend of the European educational systems, schools need to develop their own tools to control the quality of PE, SS and PA development referencing them to regional, country and European levels



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General aim

To develop an European monitoring system for PE, SS and PA, and its context of implementation (curricula, teacher training, logistics, learning outcomes, etc.)

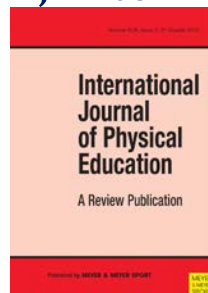
EuPEO background

What do we know about the European PE reality?

Physical education and school sport in Europe:

From individual reality to collective desirability

- Oral presentation in the 2011 EUPEA Forum, Brussels
- Published in the 2012, International Journal of Physical Education



European Physical Education Observatory

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EuPEO recent history (1)

- The FMH/University of Lisbon, was charged of the project coordination, in a close cooperation with SPEF and EUPEA
- ExCo challenged the different European PE associations (EUPEA members) to joint this project by a coalition with University/Research units in PE and Sport
- In addition of the PE and SS monitoring system development original intention, the idea was also to profound the cooperation between research and professional organizations within each European country.



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EuPEO recent history (2)

- We also intent to facilitate the collaboration between the EUPEA members, namely within and between its regional groups.
- The partners met in Lisbon, October 15th 2016, to design the project, considering the operational capacity of each one
- Since then, an application to the Erasmus Plus Sport 2017 was prepared
- The project was selected for funding in August 2017
- The project started with a Kick-off meeting in Lisbon in January 2018



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Implementation of the European School Sport Day



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European
School Sport
Day



#BEACTIVE

European Week of Sport

GETTING
SCHOOLS

ON THE MOVE!

Join us
www.essd.eu

In collaboration
with the



OUR MISSION



Celebrating sport in school to kick-off
a lifetime of health and fitness

EUROPEAN SCHOOL SPORT DAY (ESSD)



Pan-European initiative to promote physical activity



Annual school sport day



120 minutes of physical activity



Schools design their own Day

2015

3 countries
More than 1 000 events
More than 300 000 participants

2016

20 countries
1.5 million children
6500 schools
international network



In affiliation with the

#BEACTIVE

European Week of Sport

Our partners



Associative partner

In collaboration
with the



ESSD 2017



Officially included in the EWOS calendar as an event with European dimension



International website and engaged network of ESSD coordinators further developed and maintained



Results:
29 countries, 7000 events, 2 million participants



Promotional video prepared

ESSD 2017 – New countries



21 EU Member states already joined so far



8 other European countries joined



Albania, Luxembourg, Montenegro – joined in 2017 and already appointed an ESSD coordinator



Georgia, Moldova, Kosovo, Iceland – registered at the website, but have no appointed ESSD coordinators yet

5 reasons to join ESSD

1

Raise the profile of physical education and sport in schools

2

Create fun and enjoyment through physical activity for young people

3

Promote health and wellbeing for lifelong learning

4

Encourage social inclusion and develop social competence amongst students

5

Connect with other European countries

What makes your Day “ESSD official”?



Register your
school at

www.essd.eu



Get your
school
to #BeActive



Let us know
how you did!

Need help?

We made a toolkit
to help you!

Download the toolkit



Connect with us!

www.essd.eu

<https://www.youtube.com/watch?v=yBlcPjQ7rnQ>

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In collaboration
with the

